

APPENDIX

Sociodemographic questionnaire

Age (age)

Do you suffer from a physical limitation that could impede or affect physical activity in any way?

- Yes
- No

Do you suffer from a chronic illness that could impede or affect physical activity in any way?

- Yes
- No

Gender

- Male
- Female

Do you currently have a partner? (three months or longer)

- Yes
- No
- I have a romantic relationship with a person that I don't consider to be a partner

Educational Level

- Elementary (ESO, Certificado de Estudios Primarios, ...)
- Medium (Secondary education or advanced training)
- Higher education (University level: undergraduate, Master's, doctorate)
- No schooling